

# Ellena Lois Boddie

## *Areas of Expertise include:*

### **Medical Specialty**

- Internal Medicine

### **Patient Centered Care**

- Independent Diagnosis
- Innovative Treatments
- Detail-oriented
- Outcome-focused

Complete Health Assessments

### **Consultations & Performance**

- Medicare Compliance
- Insurance Reviews
- Utilization Review
- Patient Goal Tracking
- Physician Advisor

## **Professional Experience**

Medical Artistry, PLLC

Primary care and addiction care

### **PlushCare**

Telemedicine Physician treating urgent care needs as well as primary care and chronic disease management

QuickMD

Addiction care with medically assisted treatment for opioid addiction.

Glutality:

Diabetic care for patients who need remote patient monitoring

### **Associates of Inpatient Medicine/Adventist Health Partners**

- Bolingbrook, IL • November 2007 to September 2020

### **Hospitalist**

Founding partner of this hospitalist group in the Chicagoland area. Helped grow the practice from 5 providers to 23 providers in 6 hospitals and 1 residential treatment facility. Directed patient services for medical, surgical, and ICU patients. Lead Code Blues and Rapid Responses. Complete patient health assessments, create strategies to improve or manage patient health, and introduce habits that promote good health.

### **Consulting Internist for Timberline Knolls • March 2013 to March 2020**

Deliver patient-centered medical care for medically complex residents seeking treatment for eating disorders, mood disorders, and substance abuse issues. Coordinate multi-disciplinary medical care with treating psychiatrists, dieticians, and therapists for 190 patients. Specialize in treating malnourished

patients and promoting safe weight restoration. Manage chronic pain disorders without narcotics. During this period, I successfully detoxed over 1,000 patients from drugs and alcohol.

**Key Accomplishments:**

- Under my care >90% achieved successful weight restoration
- Under my care >95% of patients were successfully detoxed from alcohol and sedatives and opioids
- Under my care there were no adverse medical outcomes for the 8 years that I consulted at Timberline Knolls.
- Wrote a protocol for the treatment of Diabulimia
- Wrote a protocol for safe detoxification from sedatives and alcohol
- Wrote a protocol for the medical management of eating disorders

**Adventist Bolingbrook and Adventist Glen Oaks Hospitals**

- Bolingbrook, IL • September 2013 to March of 2020

**Physician Advisor**

Review cases for Medicare compliance, insurance reviews, and utilization review. Authored comprehensive statements justifying decisions based on available medical records and discussions with nurses, physicians, and case managers. Worked closely with care management to reverse insurance denials with case reviews and peer to peers with the medical directors of the insurance companies.

**Key Accomplishments:**

- As a part-time (50% FTE), I performed approximately 1000 case reviews annually
- In 2019 generated over \$1,600,000.00 for AMITA in overturned denials from private payors

*Additional experience as **Physician Champion of Diabetic Health Disparities Collaborative** with Chicago Family Health Care in Chicago, IL, **Diabetic Educator & Dietician** with ECHO Community Health Care in Evansville, IN, and **Research Assistant** with University of Illinois at Chicago Cancer Center in Chicago, IL. I have been in active practice since I completed my residency in 2003.*

**Education**

**Doctor of Medicine**

Northwestern University Medical School • Evanston, IL

**Internal Medicine Residency**

Robert Wood Johnson Medical School • New Brunswick, NJ

**Bachelor of Art in Human Biology**

Stanford University • Stanford, CA

Certificates & State Licenses

Illinois, Michigan, Indiana, Florida, Alabama, Arizona, California, Colorado, New York, New Jersey,  
Wyoming, Idaho, New Mexico, Minnesota

Certified, American Board of Internal Medicine

Passed Recertification ABIM Exam

ACLS Certified

Active DEA License

Awards

**National Health Service Corps Scholar** – Earned full medical school scholarship with commitment to  
practice in medically underserved areas.

Professional & Community Involvement

**Chair**, Utilization Review Committee at Bolingbrook Hospital • Bolingbrook, IL • September 2013  
to March 2020

**Member**, Utilization Review Committee at Glen Oaks Hospital • Glendale Heights, IL • September 2013  
to March 2020